

The 9th International **SLEEP DISORDER CONGRESS**

Mexico City, MEXICO | 22 - 25 MARCH 2026

Who Should Join?

This premier gathering welcomes sleep-medicine physicians; ENT, pulmonary, neurology, and cardiology specialists; primary-care and allied health professionals; psychologists; researchers; technologists; and trainees eager to advance their expertise.

➔ Core Topics Includes:

- OSA & beyond
 - Insomnia & parasomnias
 - Pediatric sleep
 - AI & wearables
 - Sleep-cardio-metabolic links
 - Mental health
 - Women's sleep
- AND MUCH MORE!

➔ Why Attend?

- **Multidisciplinary depth** – ENT, pulmonology, psychiatry, pediatrics, neurology, general practice & beyond.
- **Science that matters** – the latest research, clinical trials and evidence-based therapies delivered by global experts.
- **Hands-on learning** – interactive workshops and a dedicated Home Ventilation track.
- **Present & publish** – share your work on stage or via e-posters and receive peer feedback.
- **Elite networking** – connect with fellow clinicians, researchers and industry innovators in one of the world's most vibrant cities.



Frederic Chabolle



Uri Alkan



Rodolfo Lugo

REGISTER NOW



*Special Group
Rates available.*



isda-congress.com



secretariat@isda-congress.com
pwme.audrey@gmail.com



Nathalie: +33 660 971 532

**Contact
Us**

