

The 9th International SLEEP DISORDER CONGRESS

Mexico City, MEXICO | 22 - 25 MARCH 2026



Who Should Join?

This premier gathering welcomes sleep-medicine physicians; ENT, pulmonary, neurology, and cardiology specialists; primary-care and allied health professionals; psychologists; researchers; technologists; and trainees eager to advance their expertise.

⊕ Core Topics Includes:

- OSA & beyond
- Insomnia & parasomnias
- Pediatric sleep
- AI & wearables
- Sleep-cardio-metabolic links
- Mental health
- Women's sleep
- AND MUCH MORE!

REGISTER NOW



*Special Group
Rates available.*



⊕ Why Attend?

- **Multidisciplinary depth** – ENT, pulmonology, psychiatry, pediatrics, neurology, general practice & beyond.
- **Science that matters** – the latest research, clinical trials and evidence-based therapies delivered by global experts.
- **Hands-on learning** – interactive workshops and a dedicated Home Ventilation track.
- **Present & publish** – share your work on stage or via e-posters and receive peer feedback.
- **Elite networking** – connect with fellow clinicians, researchers and industry innovators in one of the world's most vibrant cities.



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