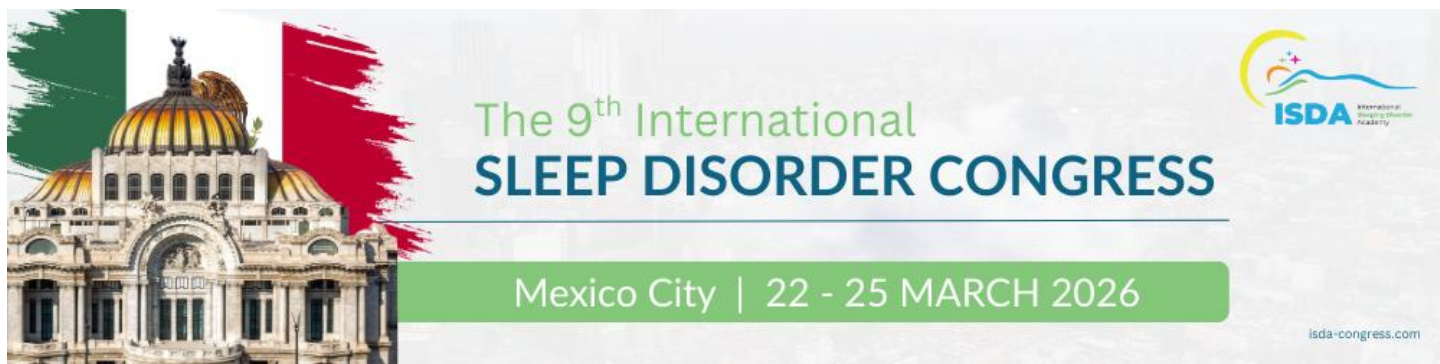




PRELIMINARY PROGRAM

Sunday, March 22, 2026		
10:00-17:00	REGISTRATION	
Time	HALL A	
12:00-15:00	Oral Presentations – Sleep Disorders	
15:00-15:30	Break	
15:30-17:00	Workshop: Beyond AHI: Innovative Diagnostics in Sleep Medicine - From PSG to AI-Enhanced Wearables Moderator: Uri Alkan (Israel)	
Monday, March 23, 2026		
Time	HALL A	HALL B
08:30 – 10:00	Nasal Surgery	OSAS Physiopathology
	Chair: Emilie Bequignon (France)	Chair: Guadalupe Terán (Mexico)
	From Rhino-Septoplasty to Sleep Quality: Re-thinking Nasal Surgery Techniques and Outcomes in OSA Darius Abedipour (France)	Is Airflow Shape Associated with Pharyngeal Structures Causing OSA ? Marc Blumen(France)
	What can we Expect from Nasal Surgery in OSAS? Emilie Bequignon (France)	Immune System and Sleep Oscar Medina (Mexico)
	Nasal Surgery in a Sleep Breathing Disorder Patient Nicolas Busaba (USA)	Why are We at Risk of Breathing while We Sleep? Pierre Jean Monteyrol (France)
10:00 – 10:10	Break	

10:20 – 11:50	Nasal Surgery & MAD <u>Chair:</u> <i>Alberto Labra (Mexico)</i> Beyond Airflow : Nasal Surgery as a Gateway to Comprehensive Sleep Apnea Management Darius Abedipour (France) The Nose-Sleep Connection : Why Nasal Surgery ? Jolie Crespo (Panama) Mandibular Advancement Devices for Snoring and OSA : Current Evidence and Teamwork with ENT Leopoldo Correa (Mexico) Interdisciplinary Management of OSA : Integration between ENT and Dental Sleep Medicine Leopoldo Correa (Mexico)	Sleep <u>Chair:</u> <i>Lucie Barateau (France)</i> Human and Animal Sleep Comparison Jean Baptiste Maldent (France) Diving and Sleep Jean Baptiste Maldent (France) Bruxisme, OSAS, and Gastric Reflux : Co Occurrence or No ? Lilia Poulain (France) PSG Clinical Cases Fernando Romo (Mexico)
11:50 – 12:10	Coffee Break	
12:10 – 13:40	MAD & OSAS <u>Chair:</u> <i>Darius Abedipour (France)</i> Selection Guidelincnes for Treating Sleep Apnea with Maxillamandibular Advancement. Presenting a Methodical Evaluation Based on Three Unique case Reports Rizan Nashef (Israel) Round Table MAD and OSAS over the World, Indication Comparison <u>Moderator:</u> <i>Darius Abedipour (France)</i> Panel: <i>Maria Suurna (USA), Rodolfo Lugo (Mexico), Leopoldo Correa (Mexico), Uri Alkan (Israel)</i>	DISE 1 <u>Chair:</u> <i>Anand Raju (India)</i> Is DISE under CPAP Useful for Understanding the Reasons for CPAP Failure in Apneic Patients? Emilie Bequignon (France) Sleep Endoscopy with CPAP Carolina Gutiérrez Sánchez (Mexico) DISE Extended to CPAP and MAD Titration Carlos Abascal (Mexico)
13:40 – 14:40	Lunch	

14:40 – 17:40	Workshop I Foundations of Sleep Medicine: Diagnosis, Physiology & Multidisciplinary Perspectives Moderator: Frederic Chabolle (France)

Tuesday, March 24, 2026		
Time	HALL A	HALL B
08:30 – 10:00	Sleep <u>Chair:</u> Yves Dauvilliers (France) Three Years After the Guidelines : Unmasking Residual Sleepiness in CPAP-Treated OSA. Clinical Insights and New Evidence from a French Expert Center Lucie Barateau (France) The Link Between Sleep Apnea and Cardiovascular Risk Ari Chaouat (France) Restless Legs Syndrome : Clinical Features and Current Management Alberto Labra (Mexico) Cognitive and Behavioral Mediators of Digital Cognitive Behavioral Therapy for Insomnia Won Jae Kim (South Korea)	Pediatric OSAS Diagnose <u>Chair:</u> Perla Sepulveda (Mexico) Hypoxic Burden and PWAD: New Markers of Neurocognitive Risk in Pediatric OSA Patricia Franco (France) What Specific Role should an ENT have in a Pediatric Multidisciplinary Consultation Meeting? Pierre Jean Monteyrol (France) Early Nocturnal Neonatal Autonomic Activity as a Predictor of Neurocognitive Development at 3 Years: Findings from the AuBE Cohort Patricia Franco (France)
10:00 – 10:10	Break	
10:20 – 11:50	OSAS Diagnose <u>Chair:</u> Rodolfo Lugo (Mexico) Beyond the Polysomnography : Modern Approaches to Diagnosing Sleep Apnea Pierre Escourrou (France) Hypoxic Burden on Clinical Settings Liliana Estrada (France)	Sleep and OSAS <u>Chair:</u> Frederic Chabolle (France) Sleepwalking : Current Clinical Insights and Pathophysiological Advances Yves Dauvilliers (France) Current Trends in Treatment of Sleep Apnea Maria Suurna (USA)

	Exacerbation of COPD: Recognize and Treat Triggering Factors Ari Chaouat (France)	
11:50 – 12:10	Coffee Break	
12:10 – 13:40	CPAP - Round Tables Management of Residual AHI under CPAP Moderator: <u>Emilie Bequignon</u> (France) Panel: <i>Pierre Escourrou</i> (France), <i>Pierre Jean Monteyrol</i> (France), <i>Lucie Barateau</i> (France), <i>Carolina Gutiérrez Sánchez</i> (Mexico), <i>Jolie Crespo</i> (Panama) How do CPAP Providers Deal with Increased Volume of Patients and Financial Issues around the World? Moderator: <u>Marc Blumen</u> (France) Panel: <i>Maria Suurna</i> (USA), <i>Pierre Escourrou</i> (France), <i>Ari Chaouat</i> (France), <i>Nancy Aguilar</i> (Mexico), <i>Jolie Crespo</i> (Panama)	OSAS Surgery Chair: <u>Uri Alkan</u> (Israel) The Peri Operative Management in OSAS Surgery - Literature's Review Lilia Poulain (France) Pharyngoplasty Evolution Nayely Diaz Insunza (Mexico) Artificial Intelligence to Optimize Multilevel Surgery: Defining the Nasal Contribution Darius Abedipour (France) Modified Zetapharyngoplasty- Video Presentation Anand Raju (India)
13:40 – 14:40	Lunch	
14:40 – 17:40	Workshop II Advances in Non-CPAP Therapy: From Alternative Treatments to Personalized Care Moderator: Frederic Chabolle (France)	

Wednesday, March 25, 2026		
Time	HALL A	HALL B
08:30 – 10:00	Neuromodulation Chair: <u>Uri Alkan</u> (Israel)	DISE 2 Chair: <u>Marc Blumen</u> (France) Role of Epiglottis in OSA

	Neuromodulation in Sleep Patterns Oscar Sánchez Escandón (Mexico) Role of Neurostimulation in Treatment of OSA Maria Suurna (USA) Round Table Neurostimulation and OSAS: Who, When and How? <u>Moderator:</u> Maria Suurna (USA) Panel: Uri Alkan (Israel), Emilie Bequignon (France), Jean Monteyrol (France)	Anand Raju (India) Ecocardiogram Findings in Severe OSA During DISE Raul Martinez Vite (Mexico) Pro and Con : DISE Controversies and Extended DISE Versions Rodolfo Lugo (Mexico) & Anand Raju (India)
10:00 – 10:10	Break	
10:20 – 11:50	Sleep <u>Chair:</u> Pierre Escourrou (France) Circadian Rhythms, Sleep, and Mental Health Guadalupe Terán (Mexico) Sleep Studies in the Otolaryngologist Practise Alberto Labra (Mexico) Sleep and Cannabis, Sleep Health and Addictions Oscar Prospero Garcia (Mexico) Climate Change and OSA Prevalence Pierre Escourrou (France)	OSAS Surgery <u>Chair:</u> Maria Suurna (USA) Advances in Neurostimulation and Personalized Treatment of OSA Maria Suurna (USA) Round Table Complications of OSA Surgery, how to Diagnose and how to Avoid <u>Moderator:</u> Rodolfo Lugo (Mexico) Panel: Emilie Bequignon (France), Marc Blumen (France), Uri Alkan (Israel), Anand Raju (India), Fernando Romo (Mexico), Jolie Crespo (Panama)
11:50 – 12:10	Coffee Break	
12:10 – 13:40	Pediatric OSAS Treatments <u>Chair:</u> Patricia Franco (France) Clinical and Polysomnographic Effects of CPAP in Children with OSA Patricia Franco (France)	OSAS Diagnose 2 <u>Chair:</u> R. Nashef (Israel) Endotyping Obstructive Sleep Apnea Based on Comorbidity Profiles: Implications for Diagnosis and Treatment Planning Rizan Nashef (Israel)

	Breathing Implications in Craneofacial Development and OSAS Perla Sepulveda (Mexico)	Beyond the AHI: Precision Prevention and Phenotyping in Obstructive Sleep Apnea Gabriel Cruz Zorilla (Mexico) Airway Volume Changes at the Velum Level Following Mandibular Protrusion: Insights from CBCT Imaging Rizan Nashef (Israel) The ENT Approach to the Snoring Patient Nancy Gutierrez (Mexico)
13:40 – 14:40	Lunch	
14:40 – 17:40	Poster Session Moderator: Rodolfo Lugo (Mexico)	