



PRELIMINARY PROGRAM

Sunday, March 22, 2026		
10:00-17:00	REGISTRATION	
Time	HALL A	
12:00-15:00	Oral Presentations – Sleep Disorders	
15:00-15:30	Break	
15:30-17:00	Workshop: Beyond AHI: Innovative Diagnostics in Sleep Medicine - From PSG to AI-Enhanced Wearables Moderator: Uri Alkan (Israel)	
Monday, March 23, 2026		
Time	HALL A	HALL B
08:30 – 10:00	Nasal Surgery	Sleep
	<u>Chairs:</u> TBA	<u>Chairs:</u> TBA
	From Rhino-Septoplasty to Sleep Quality: Re-thinking Nasal Surgery Techniques and Outcomes in OSA <i>Darius Abedipour (France)</i>	Three Years After the Guidelines : Unmasking Residual Sleepiness in CPAP-Treated OSA. Clinical Insights and New Evidence from a French Expert Center <i>Lucie Barateau (France)</i>
	What can we Expect from Nasal Surgery in OSAS? <i>Emilie Bequignon (France)</i>	The Link Between Sleep Apnea and Cardiovascular Risk <i>Ari Chaouat (France)</i>
	Nasal Surgery in a Sleep Breathing Disorder Patient <i>Nicolas Busaba (USA)</i>	Residual Sleepiness in OSA: From Guidelines to Real-World Evidence.

		Three-year Follow-up Experience from a French National Reference Center Lucie Barateau (France)
10:00 – 10:10	Break	
10:20 – 11:50	<p>Nasal Surgery</p> <p><u>Chairs:</u> TBA</p> <p>Beyond Airflow : Nasal Surgery as a Gateway to Comprehensive Sleep Apnea Management Darius Abedipour (France)</p> <p>The Nose-Sleep Connection : Why Nasal Surgery ? Jolie Crespo (Panama)</p> <p>Round Table</p> <p><u>Moderators:</u> TBA</p> <p>MAD and OSAS over the World, Indication Comparison</p> <p>Maria Suurna (USA), Darius Abedipour (France), Rodolfo Lugo (Mexico), Steve Amado (Colombia), Uri Alkan (Israel)</p>	<p>Neuromodulation</p> <p><u>Chairs:</u> TBA</p> <p>Neuromodulation in Sleep Patterns Oscar Sánchez Escandón (Mexico)</p> <p>Role of Neurostimulation in Treatment of OSA Maria Suurna (USA)</p> <p>Round Table</p> <p><u>Moderators:</u> TBA</p> <p>Neurostimulation and OSAS: Who, When and How?</p> <p>Maria Suurna (USA), Emilie Bequignon (France), Pierre Escourrou (France)</p>
11:50 – 12:10	Coffee Break	
12:10 – 13:40	<p>OSAS Surgery</p> <p>PALM Clinical Application in Sleep Surgery Steve Amado (Colombia)</p> <p>Advances in Neurostimulation and Personalized Treatment of OSA Maria Suurna (USA)</p>	<p>CPAP</p> <p>Round Table</p> <p>Management of Residual AHI under CPAP <u>Chair:</u> Emilie Bequignon (France)</p> <p>How do CPAP Providers Deal with Increased Volume of Patients and Financial Issues around the World</p>

	<p style="text-align: center;">Round Table</p> <p>Moderators: TBA</p> <p>Tailored OSAS Surgeries in Both Europe and Latin America in 2025</p> <p>Emilie Bequignon (France), Marc Blumen (France), Rodolfo Lugo (Mexico), Uri Alkan (Israel), Jolie Crespo (Panama)</p>	<p>Chair: Marc Blumen (France)</p> <p>How do CPAP Providers Deal with Increased Volume of Patients and Financial Issues around the World</p> <p>Maria Suurna (France), Pierre Escourrou (France), Pierre Jean Monteyrol (France), Ari Chaouat (France)</p>
13:40 – 14:40	Lunch	
14:40 – 17:40	<p style="text-align: center;">Workshop I</p> <p style="text-align: center;">Foundations of Sleep Medicine: Diagnosis, Physiology & Multidisciplinary Perspectives</p> <p style="text-align: center;">Moderator: Frederic Chabolle (France)</p>	

Tuesday, March 24, 2026		
Time	HALL A	HALL B
08:30 – 10:00	<p style="text-align: center;">Pediatric OSAS Diagnose</p> <p>Chairs: TBA</p> <p>PWAD and Hypoxic Burden as Predictors of Neurocognitive Function in Children with OSA Patricia Franco (France)</p> <p>What specific role should an ENT have in a pediatric multidisciplinary consultation meeting? Pierre Jean Monteyrol (France)</p> <p>Association of Neonatal Polysomnographic and ANS Characteristics with Neurodevelopment at 3 Years: The Aube Cohort Patricia Franco (France)</p>	<p style="text-align: center;">Sleep</p> <p>Chairs: TBA</p> <p>Human and animal sleep comparison Jean Baptiste Maldent (France)</p> <p>Diving and Sleep Jean Baptiste Maldent (France)</p> <p>Sleep and Cannabis, Sleep Health and Addictions Oscar Prospero Garcia (Mexico)</p> <p>Bruxisme, OSAS, and Gastric Reflux : Co Occurrence or No ? Lilia Poulain (France)</p>

10:00 – 10:10	Break	
10:20 – 11:50	<p>OSAS Diagnose</p> <p><u>Chairs:</u> TBA</p> <p>Beyond the Polysomnography : Modern Approaches to Diagnosing Sleep Apnea <i>Pierre Escourrou (France)</i></p> <p>The ENT Approach to the Snoring Patient <i>N. Gutierrez (Mexico)</i></p> <p>Hypoxic Burden on Clinical Settings <i>Liliana Estrada (France)</i></p> <p>Beyond the AHI : Precision Prevention and Phenotyping in Obstructive Sleep Apnea <i>Gabriel Cruz Zorilla (Mexico)</i></p> <p>Exacerbation of COPD: Recognize and Treat Triggering Factors <i>Ari Chaouat (France)</i></p>	<p>Sleep and OSAS</p> <p><u>Chairs:</u> TBA</p> <p>Sleepwalking : Current Clinical Insights and Pathophysiological Advances <i>Yves Dauvilliers (France)</i></p> <p>Current Trends in Treatment of Sleep Apnea <i>Maria Suurna (USA)</i></p>
11:50 – 12:10	Coffee Break	
12:10 – 13:40	<p>DISE</p> <p><u>Chairs:</u> TBA</p> <p>Is DISE under CPAP Useful for Understanding the Reasons for CPAP Failure in Apneic Patients? <i>Emilie Bequignon (France)</i></p> <p>Sleep Endoscopy with CPAP <i>Carolina Gutiérrez Sánchez (Mexico)</i></p> <p>DISE Extended to CPAP and MAD Titration <i>Carlos Abascal (Mexico)</i></p>	<p>OSAS Surgery</p> <p><u>Chairs:</u> TBA</p> <p>Pharyngoplasty Evolution <i>Nayely Diaz Insunza (Mexico)</i></p> <p>The Peri Operative Management in OSAS Surgery - Literature's Review <i>Lilia Poulain (France)</i></p> <p>Artificial Intelligence to Optimize Multilevel Surgery: Defining the Nasal Contribution <i>Darius Abedipour (France)</i></p> <p>Modified Zetapharyngoplasty- Video Presentation <i>Anand Raju (India)</i></p>
13:40 – 14:40	Lunch	
14:40 – 17:40	Workshop II	

	<p>Advances in Non-CPAP Therapy: From Alternative Treatments to Personalized Care</p> <p>Moderator: Frederic Chabolle (<i>France</i>)</p>
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Wednesday, March 25, 2026		
Time	HALL A	HALL B
08:30 – 10:00	<p>OSAS Physiopathology</p> <p><u>Chairs:</u> TBA</p> <p>Is Airflow Shape Associated with Pharyngeal Structures Causing OSA ? Marc Blumen(<i>France</i>)</p> <p>Immune System and Sleep Oscar Medina (<i>Mexico</i>)</p> <p>Why are We at Risk of Breathing while We Sleep? Pierre Jean Monteyrol (<i>France</i>)</p>	
10:00 – 10:10	Break	
10:20 – 11:50	<p>Sleep</p> <p><u>Chairs:</u> TBA</p> <p>Sleep Chronibiology Guadalupe Terán (<i>Mexico</i>)</p> <p>Sleep Studies in the Otolaryngologist Practise Alberto Labra (<i>Mexico</i>)</p> <p>PSG Clinical Cases Fernando Romo (<i>Mexico</i>)</p> <p>Climate Change and OSA Prevalence Pierre Escourrou (<i>France</i>)</p>	
11:50 – 12:10	Coffee Break	
12:10 – 13:40	<p>Pediatric OSAS Treatments</p> <p><u>Chairs:</u> TBA</p> <p>Clinical and Polysomnographic Effects of CPAP in Children with OSA</p>	

	<p><i>Patricia Franco (France)</i></p> <p>Breathing Implications in Craneofacial Development and OSAS</p> <p><i>Perla Sepulveda (Mexico)</i></p>	
13:40 – 14:40	Lunch	
14:40 – 17:40	<p>Poster Session</p> <p>Moderator: Rodolfo Lugo (Mexico)</p>	